

Cape Atlantic Junior Football League – By-Laws

Mission Statement

Within the Cape Atlantic Junior Football 'our mission is to transform young athletes into empowered individuals. Instilling in them the virtues of discipline, character, and life skills through the medium of football. The CAJFL believes in the potential of sports, particularly football, to shape not only athletes but also resilient, empathetic, and disciplined young adults. Through a commitment to integrity, teamwork, education, and community engagement, we aspire to forge a new generation of leaders who will contribute positively to society. The CAJFL Standard is not just a saying for a league; it's a defined approach to developing the character, physical well-being, skills that will equip our players for success both on and off the field. Our mission is to inspire excellence, build resilience, and foster a sense of responsibility that transcends the boundaries of the game, creating individuals who stand as symbols of strength, honor, and positive impact that their entire community can be proud of.

2026

DEFINITIONS

Fair: adj. 1) in accordance with the rules or standards; legitimate "the group has achieved fair and equal representation for all its members"

Shall: v. 1) an imperative command as in "you shall not kill." (2) In some statutes, "shall" is a direction but does not mean mandatory, depending on the context

By-Laws

ARTICLE I - NAME

The name of this league shall be the Cape Atlantic Junior Football League (hereinafter collectively referred to as the CAJFL)

ARTICLE II - PURPOSE

It shall be the specific purpose of this league to inspire the youth of Cape May, Atlantic and Cumberland County (Vineland Only) to practice the ideals of good citizenship, good sportsmanship as well as physical fitness.

It shall be the general purpose of this league to teach football fundamentals, clean play and to better prepare the youth of Cape May, Atlantic and Cumberland Counties who may choose to participate in high school football.

ARTICLE III - LEGISLATION

Legislation of the league shall be by two factions:

I. Executive Board:

- a) It is understood the elected officers of the league, the President, Administrative Vice President, Vice President of Operations, and (2) Executive Board Members at Large will form the Executive Board and are the officers of the CAJFL. The jurisdiction of the Executive Board will be clearly stated in these bylaws.
- b) The President of the Executive Board shall serve on the Board and act as a liaison between the Body and the Board. He/she shall have a voice but shall not cast a vote except to break a tie. In this event, he/she must vote and under no circumstances may he/she abstain from voting.
- c) ANY PERSON(S) ELECTED TO THE E. BOARD CAN STILL BE A REPRESENTATIVE OF THEIR PARENT ORGANIZATION AND ATTEND MEETINGS ON THEIR BEHALF, AND ALSO CAN CAST A VOTE ON LEAGUE MATTERS **(New for 2026)**

II. The Board of Directors:

- a) The Board shall mean the men/women selected by their respective franchises to serve on the Board of Directors. (3) Pre-determined names shall be submitted annually at March's monthly meeting to the CAJFL. Only these (3) personnel will have a voice at any sanctioned CAJFL meetings and will cast (1) vote and speak as one for their Franchise. No substitutions of these names shall be permitted to act on Franchises' behalf at any meetings. Failure to have (1) of the (3) names submitted at any league meeting will be subject to fines/disciplinary action as outlined in these By-Laws. It is the responsibility of a franchise representative of the Board of Directors to convey all information to their parent franchise. All franchises shall serve on the Board and act as a liaison between the CAJFL and their respective franchises. Failure to relay information to the parent organization will not be the responsibility of the CAJFL Executive Board.

ARTICLE IV - FRANCHISES

I. Annual Applications :

- a) Each returning franchise shall submit a league application, in duplicate, with an annual fee of \$100 to the Executive Board no later than the general meeting in March.
- b) The league application shall include a statement setting forth the physical (geographical) boundaries of the team's territory. The Executive Board shall determine the suitability of these limits and shall submit a determination of eligibility to the Board of Directors for final approval.

- c) There will be a \$25.00 late fee on team franchise applications and fees not received by the February meeting. Any team who is more than fifteen (15) days late is subject to an additional fine of \$5.00 per day. Beyond thirty (30) days of lateness will subject the team franchise to forfeiture of a position within the CAJFL.

II. Team Admittance to the CAJFL:

- a) Newly franchised teams shall be admitted by two-thirds vote of the Body, provided that they fulfill all minimum standards set-up by the league and provided that their acceptance does not create any scheduling problems unacceptable to the league. Initial fee for any new organization will be \$1600 (totaling \$1,600.00 with the application fee of \$100 and \$1500 for franchise fee) plus all other annual applicable fees.
- b) All New Franchise Applications will be reviewed thoroughly and go through an extensive background check to include but not limited to. Financial stability, history with other organizations, Team Colors. Submission of an application gives the CAJFL jurisdiction to complete all investigations prior to Voting for entry into the league.
- c) All New Franchises during their inaugural season voted in will be subject to a (1) Year probationary period (LIMITED to their initial Playing Season) No new Franchise will have Voting privileges during their probationary period but is required to attend all regularly scheduled meetings and pay all required fees as all other parent franchises.
- d) New Franchises voted into the CAJFL are not permitted to propose by-law changes for (1) year.
- e) Any new organization applying to the CAJFL and entering a one-year probationary term shall not be permitted to leave the league during that year, join another league, and subsequently request to re-enter the CAJFL within a five-year period.
- f) Any non-probationary organization that leaves the CAJFL to join another league may not re-join the CAJFL for three years, unless unanimously approved by the Board of Directors. In such cases, the organization must pay a penalty equal to the franchise fee for each year of absence, in addition to the current year's franchise fee. These fees will be directed at the CAJFL scholarship fund.

III. Franchise Fees:

- a) Franchise fees shall be **\$1500.00 annually \$300.00** of the franchise fee to be designated to the league scholarship fund; the additional funds will be applied towards the operation of the league.
- b) All assigned officials will be paid by the HOME team at halftime of the VARSITY Contest. This money can come from your concession stand/booster club/or recreation departments. Cash is the preferred method of payment. Township Recreation Vouchers or checks will be accepted. (Lower Township, & Wildwood will have all of their HOME game official's fees rolled into their Annual Franchise Fees.

IV. Insurance:

- a) All teams must have league-approved insurance covering registered children. The period of coverage must include the first day of practice (preseason) to December 31st of that same season. Proof of coverage must be presented to the league prior to August 1st of any given season.
- b) There will be no violent exercise, physical contact drills, or scrimmages by any team until league approved insurance has been obtained and prior to August 1st of any season.

V. Authorized Voting Members:

- a) Each franchise shall include three names of authorized personnel, and they shall be the only people from each team to have the authority to vote on league affairs (subject to voting rules).
- b) A change of names on the franchise representatives can be made by a franchise by presenting a written request to the League President. Changes to Franchise Representatives will only be accepted in March and by 2nd Meeting in August.

ARTICLE V - OFFICERS OF THE LEAGUE

I. The elected officers of the league shall be;

- a) President
- b) Vice President of Operations
- c) Administrative Vice-President
- d) (2) Executive Board Members At Large
- e) (1) Compliance Officer

II. Duties of the League Officers:

a) President (One-Year Term)

- i. The President shall preside at all meetings and shall call regular meetings in accordance with these bylaws and any special meetings that he/she may deem necessary to call.
- ii. He/she shall see that the duties of all other officers are fully executed.
- iii. He/she shall see that all books and records needed by the league are properly kept and turned over to his/her successor in a timely manner.
- iv. He/she shall enforce these bylaws and perform all duties incidental to the office of President.
- v. He/she shall appoint all committees of the Board of Directors and act as an ex-officio member of each.
- vi. He/she shall be empowered to dismiss from the league meeting anyone he/she cites for misconduct or conduct detrimental to the good of the League. Such action shall result in a subsequent review by the Board.
- vii. He/she shall have supervision of all league properties and shall appoint a custodial committee to be responsible for such property.
- viii. He/she shall read the CODE OF ETHICS to the body prior to the start of the regular season.
- ix. He/she shall, with the Vice President(s) assign a bylaws committee annually which shall review all minutes of the league meetings and submit for possible bylaw amendment, those floor rules adopted by the body during the year, which have proven to be effective.
- x. The President may request dismissal of any elected officer who is absent from FOUR meetings during any calendar year and call for a special election to replace the same.
- xi. He/she shall be a member of all committees ex officio.
- xii. He/she shall only cast a vote in case of a TIE on all Executive Board decisions. He/she cannot abstain in the case of a TIE.
- xiii. He/She will submit to all Franchises in detail an email reminder NLT 72 hours for any regularly scheduled League Meetings (Emergency Meetings can be called with short notice).

b) Vice President of Operations (One Year Term)

- i. During the absence and/or inability of the President to perform or exercise his/her powers as set forth in these bylaws, the same shall be performed and exercised by the Vice-President(s). When so acting, he/she shall have all powers and be subject to all responsibility's incumbent upon the office of the President.
- ii. He/she shall perform any other duties as directed by the President with no limitations.
- iii. In the event, for any reason, the President cannot complete his term of office, the Vice President of Operations shall immediately assume the office of President for the unexpired term. If he/she is unable to perform such duties, they can defer these duties to the Admin VP who will assume the duties of President.
- iv. He/she shall oversee and preside over all Protest and our Disciplinary Action Committees.
- v. He/she shall be a member of all committees ex officio.

c) Administrative Vice President (One -year Term)

- i. He/she shall have care and custody of, along with the President all funds and securities of the league. He/she shall deposit all such funds in the depository directed by the offices of the league and the board of Directors. These funds will be deposited under the league name.
- ii. He /she will preside over the Finance Committee of the CAJFL.
- iii. He/she shall oversee and head the Expansion Committee for all new franchise applications.
- iv. He/she may sign, make, and endorse in the name of the league all checks, drafts, warrants, and orders for the payment thereof, at his/her discretion and under the direction of the President, with the co-signatures. of ANY EXECUTIVE BOARD MEMBERS, no less than 2 signatures are required for all checks.
- v. He/she shall render a detailed statement of the condition of the finances of the league at any regular meeting when called upon to do so by the President. He/she shall submit a full financial report at the annual meeting for the election of officers.
- vi. He/she along with the President shall keep the correct book of accounts of all business transactions of the leagues, shall exhibit such records and books of account when called upon to do so by the President.
- vii. A complete internal audit of the books shall be made by a (3) member Audit Committee each January and presented to the Board of Directors at the February meeting unless directed to do otherwise by the President or Board of Directors.
- viii. He/she will be the disciplinary/fine coordinator to the Board.
- ix. He/she shall keep all records pertaining to the league, such records to include the name and address of the league officers, and the franchise named representatives of the member teams.
- x. He/she shall record and keep minutes of all league meetings and be prepared to distribute copies of minutes to the Board of Directors at each league meeting.
- xi. In the event, for any reason, the Vice President of Operations does not complete his term of office, the Administrative Vice President shall assume that office for the remainder of the term.
- xii. He/she shall submit all 1-year Emergency by law revision to the Bylaws committee at the completion of each season and these rules shall be deleted unless incorporated into the Bylaws.

d) (2) Executive Board Members At Large (One Year Term)

- i. They shall maintain order at the league meetings and perform other such duties as directed by the league President.
- ii. He/she will be accountable to report any and all league bylaw violations to the Executive Board and Board of Directors.
- iii. He/she will be the Chairman of the Scholarship Committee - Assigned by the President.
- iv. He/she will be the Vice-Chairman of the Expansion Committee - Assigned by President.
- v. He/she will be the Chairman of the Ethics Committee - Assigned by President.

e) COMPLIANCE OFFICER (One Year Term)

- i. The Board of Directors at the last regular meeting of each new year shall elect a COMPLIANCE OFFICER (One Year Term) The Compliance Officer will act as the voice of the Board of Directors and sit in on the Executive Board to make decisions as a consultant in reference to specific by-law interpretations. An alternate will be chosen by the Compliance Officer if the Executive Board deems such actions to be a conflict of interest.

III. Powers and Duties of the Executive Board:

- a) Be empowered to investigate and refer to the Board of Directors on the following:
 - i. Will preside and have jurisdiction over all post-season contests.
 - ii. Conduct of the league, its officers, members, coaches, and players.
 - iii. Such matters may be referred to them by the President.

- iv. Any and all such matters that may be considered as detrimental to the good of the league.
 - v. All board business shall be conducted at regular scheduled league meetings or Executive Committee meetings. Any persons, including coaches, players, parents, or officers who desire to come before the Board, for any reason, must notify the Executive Board or League President at least 72 hours in advance of desired meeting via email. They must also state the reason for such a meeting in order for all concerned parties to be notified.
 - vi. Refer to all conflicts involving teams, player eligibility, and other such matters not specifically covered in these bylaws for ruling.
 - vii. Before reaching a decision in matters involving bylaws, sportsmanship, playing rules, player eligibility, and infractions. The Compliance Officer will assist the Executive Board and conduct hearings with the parties involved. Any team, coach or player may appeal against the decision of the Executive Board after the initial hearing. A written request signed by the registered representative of the team, the coach or the player of said team affected by the decision of the Board must be submitted to the President within ten (10) days after the Executive Board's decision.
 - viii. As soon as practicable, the Executive Board shall appoint a five (5) member Appeals Panel to conduct a second hearing, this decision shall be final and binding on all parties. The Appeals Panel shall consist of two (2) members from the Executive Board and three (3) other members chosen from the registered representatives of teams in the league. The Administrative Vice President will preside over the Appeals Committee. No Board member, nor registered representative appointed, shall be connected to any team, coach or player involved in the dispute, and shall not be in a position whereby the team with whom said Board member or registered representative would benefit in any way from the outcome of the Appeals Panel decision. (During all Appeal hearings members of the organizations associated will be allowed to testify in front of the Committee prior to voting).
 - ix. ***Any (Serious) Player or Coach Suspensions rendered by the Executive Board that get appealed, the President may appoint an Independent Arbitrator who will investigate the findings of the incident and render a final ruling. This will be FINAL AND BINDING.***
 - x. Be empowered to levy fines and will impose penalties, make collections, and initiate such actions as deemed necessary for the wellbeing of the league. Failure to pay fines at the next regularly scheduled meeting will result in the forfeiture of all privileges and rights with the league to include voting rights.
 - xi. Render final rulings in all matters except those matters dealing with dismissal from the league, subject to the provisions set forth in Article V, Section 3, and paragraph 3F.
 - xii. The Executive Board shall keep all standings on a weekly basis and post such standings at the meetings and/or on the league website.
- b) serious game incidents:
- i. Any serious incidents that occur during a game that will be submitted to the Board for review must be called in to the President no later than 24 hours after an incident.
 - ii. All members of the Executive Board in attendance of any CAJFL contest have the power and authority to remove (Eject) Coaches or Fans that are deemed to be in violation of either the Coaches of Code of Conduct or CAJFL Code of Conduct (posted at all facilities).
 - iii. The CAJFL will meet once a month from January to July, and twice a month thereafter. They must also be available for emergency meetings as deemed necessary by the Executive Board.
 - iv. All league meetings are deemed a "Closed Session" in which at such time only approved league representatives and BODs can be present. OPEN sessions of league meetings can be requested but no voting will be accomplished in OPEN Session. Voting is to only be completed during Closed Sessions

IV. Board of Directors:

- a) The Board of Directors shall be composed of Representatives from all franchises. Two alternate Board members will also be appointed by their respective franchises and will serve in absence of the other representative.
- b) Alternates shall be designated, first alternate and second alternate to Board of Directors.
- c) Alternates will vote as a regular Board member when filling regular Board member slots.
- d) Alternates have the right to voice opinions when acting as alternates during Board meetings.
- e) Board members must be a member of a Franchise's charter. Only one member may represent his/her franchise at any time. Exception: Changes to the names of franchise representatives can only be made by notifying the President and Executive Board in the March meeting and 2nd meeting in August.
- f) The Board of Directors at the last regular meeting of each new year shall elect a COMPLIANCE OFFICER (One Year Term) The Compliance Officer will act as the voice of the Board of Directors and sit in on the Executive Board to make decisions as a consultant in reference to specific by-law interpretations. An alternate will be chosen by the Compliance Officer if such actions are deemed by the Executive Board to be a conflict of interest.

V. Elected Officers of the CAJFL:

- a) Upon witnessing and/or learning of any infractions of these bylaws you must report it in writing to the Executive Board.
- b) Any member of the Board of Directors, upon witnessing or learning of infractions to these bylaws, must report it in writing to the Executive Board within 48 hours of the incident.

ARTICLE VI - NOMINATIONS AND ELECTIONS

I. Nominations:

- a) To be nominated to the Executive Board you must have completed (2) years of credible service on the Board of Directors and have attended 75% of all league meetings.
- b) The President is to open nominations to the Body at the second scheduled meeting in November of each year.

II. Elections:

- a) Election of officers shall be conducted annually in December of each year. The exact date will be set to eliminate conflicts of dates. The majority of votes will win elected seats and abstains will not count for or against any person elected.
- b) ALL EXECUTIVE BOARD Positions will be voted on Annually Starting in 2022 Season
- c) If a special election is required as per Article V, Section 1, Part J, of these bylaws, the President shall call for nominations from the floor with the election held that day. Newly elected officers shall hold office until the next scheduled election for said position.

ARTICLE VII - MEETINGS, ATTENDANCE AND VOTING

I. Meetings:

- a) Meetings will be conducted the 2nd Wednesday of the month at 7:00 PM from January to July. Bi-Weekly meetings commence, beginning the 2nd week in August through the 1st week of December at 8:00 pm. Committee meetings may be held at any time agreed upon by Committee Members. A quorum of 60 % of Franchises must be present to conduct any regularly scheduled or special meeting. When such an incident occurs all regular voting rules apply to the franchises that are present for the voting process. Issues demanding a Majority Vote or two-thirds Vote will be accepted in such a manner as if all franchises were present.

- b) All other meetings of the Body shall be called at the discretion of the President.
- c) Each franchise will be informed via email of the body meetings. The notices will be emailed in sufficient time to reach registered representatives no later than 72 hrs. Preceding the meeting date.
- d) The Board of Directors may call meetings at their own discretion with a minimum of (60 %) of Board of Directors present.
- e) The League Assignor and/or designated Head Official shall have the option to attend all regularly scheduled CAJFL league meetings. Attendance is not mandatory and is at the discretion of the League Assignor/Head Official or at the request of the Executive Board. Immediately following the Call to Order and Pledge of Allegiance, the Assignor and/or Head Official shall be provided an optional segment (~10 minutes) to address the Body regarding matters related to officiating, player safety, rule interpretations, rule changes, sportsmanship trends, points of emphasis, game administration, and observations from prior weeks of competition. Following the presentation, the Body shall be permitted a reasonable period for questions and clarification related to officiating or game administration. Upon completion of this segment, the Assignor and/or Head Official shall exit the meeting prior to the continuation of regular league business unless specifically requested to remain by a majority vote of the Board of Directors or Executive Board for a defined agenda item.

II. League meetings only require a simple majority of the membership teams to be present to constitute a quorum. However, two thirds vote of the member teams in good standing is required for:

- a) A Team or Coach dismissal.
- b) Approval of new franchise.

III. Attendance of Body Meetings:

- a) Any E. Board members that miss (4) unexcused meetings in a Calendar year may be subject to removal by the President. His/her term will be filled by appointment of the President for the remainder of the term (December 31st of that year).
- b) All teams shall have at least one-registered representative at all regularly scheduled meetings or be subject to fine in accordance with these bylaws and penalties that will be specified later in these bylaws.

IV. Any franchises not represented at regular league meetings will be assessed the following fines:

- a) A total of \$100.00 for each missed meeting.
- b) A total of \$200.00 for the 2nd consecutive meeting.
- c) A total of \$300.00 for the 3rd consecutive meeting (Vote for Dismissal).
- d) Failure to pay any fines levied will result in automatic suspension of Voting Privileges until such fines are paid in full.
- e) All fine money will automatically be placed in the League Scholarship Fund.
- f) A team failing to have a representative at five meetings in any one calendar year or failing to attend three consecutive meetings will be liable to dismissal from the league. The President will initiate the action to dismiss said team. Approval of two-thirds of the entire membership in good standing is needed to ratify the dismissal.
- g) No individuals/representatives name may appear on more than one franchise.

V. Voting:

- a) A majority vote by a quorum will be required to pass all motions and shall prevail in all matters unless otherwise specified in these bylaws. The exception shall be amendments to our changes to this Constitution and bylaws. Such changes require a two-thirds vote of the member teams in good standing present to ratify as provided in Article X, Section B2, Letter

- a. (Changes to the Bylaws will NOT be presented after June 15th of any season).
- b) When casting a league bylaw vote, all voting shall be conducted via roll call
- c) Each team will have one vote on all league business matters.
- d) Each team is entitled to (3) registered representatives, all to have a voice, but to vote as one unit.
- e) There will be no voting by proxy.
- f) Any person(s) working on behalf of the league may be permitted to enter discussions at meetings.
- g) When voting on a disciplinary or punitive measure on a said Franchise to include but not limited to, expulsion, fine or suspension of voting privileges deemed by the Executive Committee and Board of Directors said Franchise will not be allowed to cast a vote in their own favor. All Voting rules will still apply as stated in these by-laws.
- h) All expansion teams will have **NO VOTING** privileges during the 1st playing season in the CAJFL. Voting Privileges will commence in January of the following season.

ARTICLE VIII - FINANCES, BUDGET, AND EXPENDITURES

I. Budget

- a) The annual budget must be approved by a majority of the Body.
- b) Any monies spent over and above the amount budgeted must have the approval of the Board of Directors.
- c) Expenditures
- d) The Body must be informed of all monies spent by the league.

ARTICLE IX - OPERATION OF THE LEAGUE

I. Regular Season Schedule:

- a) Each team shall play a maximum of (9) regular season games.
- b) Any regularly scheduled games that are cancelled due to inclement weather must be approved by 2/3 of the Executive Board. They must be played by the end of the regular season (weather permitting) of such cancellations or counted as a loss in league standings for each team involved.
- c) The Assignor or officials designated to officiate said game will decide when a game is to be called off/cancelled due to inclement weather or field conditions after the start of the contest. The crew of officials shall be authorized to suspend the game when weather conditions are considered hazardous to life and limb of the participants. Both franchises will be responsible for rescheduling all postponed and/or suspended games with approval of the Executive Board.

II. Notification Process

- a) Any team NOT fielding eleven (11) players ready to play within fifteen minutes of the scheduled game time shall forfeit the game. It shall be scored and recorded as a 1-0 win for the team fielding the required number of players and ready to play. It is possible that both teams could record a loss if neither team can field the necessary number of players.
- b) All games must start at a predetermined time but not no more than 30 minutes after the preceding game. The order will always be TAXI, PEE WEE, JUNIOR VARSITY and VARSITY unless agreed upon by both franchises.
- c) No team shall go beyond their own 35-yard line during warm-ups. Violators will be subject to delay of game penalty.
- d) Reporting scores: The home organizations are responsible for calling/texting/emailing in all scores to the President by 8:00 PM Sunday following the games. Failure to report game scores will subject the home team to a \$25.00 fine.

- e) If jersey colors are in conflict for a game, game day uniforms must be resolved two weeks in advance, or the AWAY team is required to change jersey color or wear pennies.

III. League Playoffs

- a) The Top (6) Teams by Points league wide will qualify for the Play-offs. The Top 2 Seeds of the Varsity Division will host the Semi-Finals and will be the Home Team. All Semi-Final games at all levels will be played at the #3 and #4 Seeds of the Varsity level with the highest remaining JV and Pee Wee levels picking from one of those two sites. All playoff seeds will be determined by final standings. Tie Breakers will be discussed further in these By-Laws. ALL PLAYOFF or CHAMPIONSHIP Game if hosting, hosting team will reside on their HOME Sideline regardless of their Playoff Seed

IV. League Championship

- a) CAJFL Championship game to be played at a site determined by the Board. CAJFL will pay for all officials.
- b) All monies raised from the game are property of the host team.
- c) The Executive Board will be conducting a drawing out of a hat for the CAJFL Championship game. Franchises winning the draw will not again host the event until such time each Franchise has had the opportunity to host the Championship Game. The CAFJL will be responsible for paying the officials. All franchises will supply their own game balls for all three games.
- d) Championship Game will have clock run by certified officials and have (4) Certified Officials. **(NO CADETS)**
- e) All Championship games regardless of venue will start at 10am/12pm/2pm

V. Tie breakers for seeding in Playoffs are as follows:

- a) Head-to-head winner during regular season.
- b) Number of wins.
- c) In case of a three-way tie or more teams are tied. (3) Way Coin Flip will be conducted

VI. Games authorized for league teams are as follows:

- a) Preseason scrimmages may be scheduled between league teams prior to regular season games.
- b) Scheduled regular season games.
- c) Playoffs and Championship games.
- d) Scrimmages with teams outside of the CAJFL are authorized

VII. Playing Field Requirements

- a) **The playing field of each team shall be regulation size and contain, at a minimum, the following:**
 - i. Sidelines and end zone lines, goal lines, lines each 10-yard and 50-yard lines. All lines to be of non-toxic and non-caustic substances.
 - ii. Goalposts, coaches' boxes, and inbound markers.
 - iii. A 5-yard minimum boundary from the sideline around the perimeter of the playing field is to be provided by rope, wire, or other means of keeping the public away from the field of play to create a safe condition.
 - iv. If this required perimeter is not adhered to, a loss of home field games will occur.
 - v. The playing area should be free of debris and hazardous conditions that could be injurious to a player. The home team is responsible for adequate policing of their field. The home team is to provide a contact person for said policing of the field (Field Supervisor)
 - vi. A set of approved yard chains and down markers and four corner goal line markers.
 - vii. The home team is responsible for arranging emergency medical services to be either at all games, or on call. Preferably having emergency vehicles and EMT/first aid personnel on-site.

- viii. Game clocks shall be mandatory for all league games and be assigned by the home team.
 - ix. It is the responsibility of the home team to supply the chain crew, but the visiting team is welcome to do so if they desire and the home team agrees.
 - x. All organizations are responsible for the chain crew to wear identifying vest (If Available)
 - xi. All Yardage Chain Markers will be kept on the Home Side of the field. **(Vineland has an exemption for streaming purposes)**
 - xii. ALL HOME Teams will have sideline reside on the same side of the Announcers Booth
- b) **ALL CAJFL FIELDS WILL BE REQUIRED TO POST IN PLAIN SIGHT ON THE VISITORS AND HOME SIDELINES THE CAJFL CODE OF CONDUCT WITH THE FOLLOWING VERBIAGE:**
- i. The ability to be a spectator at a Cape Atlantic Junior Football League youth football game is a PRIVILEGE not a RIGHT. Please remember that all coaches and board members of the CAJFL are volunteers. All spectators are required to abide by the following CODE OF CONDUCT
 - a. Will show proper respect to everyone in attendance.
 - b. Use of or being under the influence of any type of drugs or alcohol is strictly prohibited at all CAJFL facilities.
 - c. Concealed weapons are strictly prohibited at all CAJFL facilities.
 - d. Chants or cheers that are derogatory or offensive in nature are strictly prohibited.
 - e. Profanity or obscene language is strictly prohibited.
 - f. At NO time shall any spectator throw any objects onto the playing field.
 - g. Verbal abuse of game officials, coaches, players, other spectators, or CAJFL board members is strictly prohibited.
 - h. Inappropriate conduct can be reason for removal from all CAJFL facilities. As deemed necessary by the assigned SITE MANAGER or LEAGUE OFFICIAL. In Accordance with (New Jersey's Code of Conduct Law NJ C.5:17-4)
 - i. Spectators are prohibited from accessing the game field at any time.
 - j. Spectators are expected to exhibit good sportsmanship at all times.

CHEER ON THE CHILDREN AND ENJOY THE EXPERIENCE!

As of 2024 the CAJFL "Sportsmanship Award" that is awarded to the Organization that has had (No Player or Coach) Ejections and displays positive and overall sportsmanship as deemed by our Officials of the NJFOA will be named after a fallen Dennis Township Coach that displayed all of these qualities.

"The JASON STEELMAN Sportsmanship Award"

VIII. Player Equipment:

- c) **All players must be completely uniformed in matching jerseys and necessary safety equipment including the following:**
 - i. NOC SAE approved helmet with face guard – All Levels.
 - ii. Football pants with shells and knee protection. – All Levels.
 - iii. Shoulder pads – All Levels.
 - iv. Hip pads – All Levels.
 - v. Rib Pads - TAXI, PEE WEE and JUNIOR VARSITY Levels (Mandatory).
 - vi. Butt Pads- All Levels
 - vii. League approved footwear. A player kicking off or kicking extra points may wear hard toe shoes, but he/she must go directly to the sidelines after the play.
 - viii. A mouthpiece is mandatory; a cup is optional.

d) The league-approved balls are:

- i. TAXI– Wilson (K2)
- ii. PEE WEE – Wilson (K2)
- iii. JUNIOR VARSITY – Wilson (TDJ)
- iv. VARSITY – Wilson (TDY)
- v. Each franchise shall be responsible for equipping their teams in conjunction with the National Federation of High School Associations.

IX. Practice:

- a) Practice sessions and/or team meetings will start no earlier than August 1st with full pads prior to the opening of the regular season schedule. The date will be determined by the schedule. The first week of practice is with helmets and shoulder pads only.
- b) Clinics can be run by CAJFL coaches without pads during the off season.
- c) Practice sessions may not exceed two hours.
- d) There may be no more than four (4) practice sessions between regularly scheduled season games
- e) During the preseason there shall be no more than five practice sessions per week

X. Roster:

- a) A complete and legible Team Roster must be submitted on the League approved Roster Form. The Rosters are to be finalized by the 1st general meeting in September, it may be held as early as the 1st Tuesday in September. These are finalized rosters with no new players to be added after this point. It will consist of a minimum of eleven (11) players at every level. If there are (26) players or less, the said organization will have three (3) weeks to bring the roster up to twenty-six (26) players to their roster for that level. Once the twenty-six (26) players are achieved the rosters are to be closed. No more than one hundred and sixty (160) players at all four levels combined. Franchises with more than (160) total players will be brought to the Executive Board on a case-by-case basis. Once a player is listed on the next level's roster, a player must remain on that roster. When a player moves up a level during the season to accommodate a roster shortage they are only permitted to play (1) one game a week and the organization must notify the CAJFL Executive Board three (3) days of any roster shortage player movements made.

NOTE: The twenty-six (26) player decision was implemented by the President on 7/14/2015

- b) Rosters are to be based off of the supplied Roster form supplied by the CAJFL
- c) A fine of \$150.00 will be assessed per level to any franchise not submitting a roster and the Roster Photo Book in the required format provided by the CAJFL. All rosters not approved will forfeit the games until the required roster and book are handed in properly. The determined date is set by the Executive Board and Board of Directors. No team at any level will play any CAJFL game without a Roster being submitted.
- d) Any player that has not been verified at a team mandated Registration Period is ineligible to play the first week of Play. There will be only (1) make-up date scheduled each season. A player will be eligible immediately upon verification.
- e) A player may be advanced to the next higher level at any time during the season to help complete the higher-level roster. Once listed at the higher level, he/she may not return to the lower level of play after the rosters become official. This is to be solely used in the event that a team has less than (15) fifteen rostered players.
- f) No player may be added to the roster when they are finalized by the determined date set forth by the Executive Board and Board of Directors **(See note [a] above).**
- g) A player must satisfy league age requirements before he/she may be placed on the official team roster.
- h) Only players whose names appear on the roster may participate in game

XI. As of 2024 The Roster Requirements for all players in the CAJFL will be as follows:

- a) All Players are required to show a Copy of Parent/Guardians Driver's License or State Issued Identification (NO PO BOX)
 - (1) A Copy of School Verification Documents that must include the athletes, Grade, DOB and Physical Address **(Or letter with school letterhead, which states the required information)**
 - (2) Any athlete that is in a joint custody situation must provide supporting documentation
- b) CAJFL ROSTER Photo books will remain a requirement and MUST be signed off by your opposition prior to any game. Roster Book checks must be completed 30 minutes prior to the scheduled game times. Players who are not at the INITIAL Roster check will have a (15m) grace period to be walked over and checked by their opponent. Any Player that is not at Roster check that arrives late MUST sit out the (1st Half) of the Contest and be verified at Halftime prior to playing the (2nd) Half of the game (No Exceptions) Roster verification must be deemed by the host team and AWAY from the Playing Field as much as possible deemed by the Site Manager. A COLOR COPY of ALL ROSTER BOOKS MUST be Turned into the League at the (1st Meeting in OCTOBER annually) Failure to do so may subject teams to Fines and/or forfeiture of next scheduled game.
- c) TAXI PLAYERS can be added all the way till the 1st meeting in October as long as the team does not Exceed (26) players on its ROSTER

XII. Roster Data:

- a) **The Roster shall include the following:**
 - i. Player's name
 - ii. Player's date of birth
 - iii. Player's physical address
 - iv. Player's school
 - v. Home Schooled Players are to refer back to their Physical address.
 - vi. The Level of a player that is home schooled is then to be determined by their age.
 - vii. The League shall review all Rosters.
 - viii. On the Roster Form: Head Coaches & Organization Representatives will sign.
 - ix. He/she shall record and update all league rosters and furnish up-to-date roster information to competing teams on a date to be determined.
 - x. He/she will accept and be responsible for all league rosters submitted to him /her at the appointed time as determined by the Board of Directors. The proper form must be used.
 - xi. He/she will accept and record authorized additions and deletions of the team rosters. Such changes must be submitted on the proper league form. He/she will submit any cases involving action by the Board to the Executive Board before making requested entry.
 - xii. CAJFL League Representatives shall submit rosters / roster books from all four levels to the CAJFL at a date and place determined by the CAJFL. Each meeting up to the 3rd regular season game, any additions will be EMAILED FROM THE CAJFL Executive Board of said division to all league reps. Thursday prior to game three of the regular season, roster books will be verified and become official for the remainder of the season and must be presented to opposing coaching staff at the time of pre-game. Failure to do so could result in disciplinary action from the Executive Board, up to and including forfeiture. Roster challenges may be held at any time during the regular season.
 - xiii. Jersey numbers MUST be in the Roster Book. Any exceptions must be reported to the CAJFL Executive Board prior to this meeting, and prior to the first regular season game.
 - xiv. He/she shall compare official roster forms received from teams and copies received from Roster Coordinator for discrepancies and report any to the board immediately.
 - xv. He/she will report any and all discrepancies to the Board for rulings and direction until rosters are closed at which time it will become official.

XIII. Roster Photograph Books:

- a) All Roster Photo books are to have a color photocopy for each level.
- b) All Roster Photo pages are to have a Player Picture, their name, and their jersey number.
- c) All Roster Photograph Books need to be stamped by a CAJFL Executive Board Member or REGISTRATION Committee Member.
- d) Any variation of the books will be subject to \$150 fine and penalties to include.

XIV. Player Requirements:

- a) All players on each member's franchise teams must reside within the geographical boundaries established for that franchise in these by-laws. A player's residence shall be determined by his/her "legal" residence as recorded with the player's local Board of Education or Choice School District.
- b) If a player is part of a dual/joint custody situation (with documentation) said player may play for either parent's home or residence. Players will not move from one Franchise to another annually and allow (one) move only during their time in the CAJFL. If a Bonafide change of Address occurs, then it will revert back to the original policy. All other player requirements will be followed.
- c) A player who relocates his residence during or after a season may continue to play with his/her original Franchise for the duration of their career in the CAJFL so long as they reside within the boundaries of another Franchise in the CAJFL. Players who move outside of the boundaries of the CAJFL at any point during a season are required to notify the CAJFL Executive Board and to be reviewed by the CAJFL Executive Board on a case-by-case basis.
- d) A player cannot move from one Franchise to another without physically moving within the boundaries of another Franchise and its school system. If he/she moves during the season, he/she may continue with his/her original team or play on the team of his/her new hometown with the permission of the Executive Board and Board of Directors at which point said player will follow guidelines set forth in Section (X) of these by-laws.

XV. Team Boundaries:

- a) The boundaries stated in the team franchise application will be the only boundaries and territories that any franchise may have players reside and placed on their roster. Players found to be living outside of these boundaries will be automatically disqualified and Franchise will be subject to or not limited to forfeiture of games, fine, probationary period, and possible expulsion from CAJFL. (All Franchise boundaries will be defined in ANNEX A of these by-laws)

Change for 2025 – Any CAJFL Boundary request must border or touch your organizations original boundary.

- i. ***Exception to XIV(a) above*** – A son/daughter of a coach that has served as a coach outside his residence area for a minimum of (3) three **consecutive** seasons may participate in the program in which his/her father/grandfather coaches for the duration of their fathers/grandfather coaching tenure.

XVI. Player Grade/ Age Limits:

- a) VARSITY: 7th and 8th Grades and 12, 13 and 14 years old.
- b) JUNIOR VARSITY: 5th and 6th Grades and 10, 11 and 12 years old.
- c) PEE WEE: 3rd and 4th Grades and 8, 9 and 10 years old.
- d) TAXI: K-1st and 2nd Grades and 5,6, 7 and 8 years old.
 - i. ***Exceptions:***
 - a. Players from a lower-level moving up to fill the roster of a higher level.
 - b. Once a player is listed on a higher-level roster, they must remain on that roster (No Exceptions)

1. VARSITY Level:

- a. A player must be between the ages of 12-14 years old and in 7th -8th Grade. No player at this level can turn 15 years old prior to October 1st of any given season.
- b. A Varsity player is ONLY permitted (2) Eligible seasons of Varsity. Players are NOT eligible to Play a (3rd) Season due to a parental decision to be retained or failure of a Grade.
- c. Students in the 7th and 8th Grade that attend a "Choice School" District can play in the municipality in which their school resides as long as it is within the Boundary of the CAJFL

2. JUNIOR VARSITY Level:

- a. A player must be between the ages of 10-12 years old and in the 5th-6th Grade. No player at this level of play can turn 13 years old prior to October 1st of any given season.

3. PEE WEE Level:

- a. A player must be between the ages of 8-10 years old and in the 3rd-4th Grade. No player at this level of play can turn 11 years old prior to October 1st of any given season.

4. TAXI Level:

- a. A player must be between the ages of 5-8 years old and in the K through 2nd Grade. No player at this level of play can turn 9 years old prior to October 1st of any given season and must turn 5 years old prior to August 1st of any given season.
- b. All Levels are a part of the Cape Atlantic Junior Football league and therefore, are subject to its bylaws. It shall abide by the bylaws as in here written.
- c. All scheduling shall coincide with the parent VARSITY team.
- d. A player that is deemed to be playing JV as a 5th Grader or Pee Wee as a 3rd Grader that still meets the age requirement of the Lower Level of play can ask for an Evaluation Committee to come see the player at a practice or scrimmage to deem it unsafe for them to play. If granted they can go down to the Lower Level but not be allowed to play a "Skill: position.

Note: The Board of Directors and the President with a special addition of three appointed representatives from any level, if deemed necessary should review any disputes, protests, or other such matters.

XVII. Miscellaneous:

- a) JUNIOR VARSITY games may be played before or after VARSITY games but not simultaneously. (If approved by both franchises at a league meeting)
- b) Forfeits:
 - a. All league forfeits shall be scored and recorded as 1-0, unless both teams incurred forfeits, whereas it shall be recorded as a 0-1 loss for each team.
 - b. Forfeitures will not be automatically granted. All possible forfeitures will be brought before the Board of Directors for a ruling at the next scheduled or special meeting.
- c) Player Suspensions:
 - a. A player thrown out of any game for any reason shall be suspended for the next game.
 - b. It shall be the duty of the suspended player's Franchise Representative to notify the league of any player suspended within 48 hours. Any coach not reporting an ejection shall be subject to the same suspension as the player.
- d) Sideline Restrictions:
 - a. During any league game there shall be no more than seven (7-9) authorized coaches or any other personnel with proper league identification on the sidelines between the twenty-five-yard lines
(League approved Lanyards must be worn at all times)

- b. Photographer/Videographer are allowed as deemed by the head coach and with league identification (League approved lanyards)
- c. All other people, other than a physician/trainer or league officer, or member of the board are to be considered as spectators and must be behind the sideline ropes (boundaries).
- d. Violations of the above may be punishable by a 15-yard penalty at the discretion of the officials or removal from sidelines (This will NOT be deemed an ejection)
- e) Games shall be played in accordance with the rules set forth by the National Federation and New Jersey Football Officials Association. The Assignor of the league will supply these rules and rule changes during our meeting in August yearly.
- f) All CAJFL games will be assigned (4) Officials. Games can be conducted with (3) man crews if deemed necessary by our League Assignor (2) Officials will be assigned for the TAXI level contest.
- g) The length of quarters for PEE WEE and JUNIOR VARSITY games shall be eight (8) minutes with the VARSITY playing (10) minute quarters.
- h) OVERTIME:
 - a. ALL CAJFL Contest at Pee Wee – Junior Varsity & Varsity if tied after regulation will play a modified Overtime as follows:
 - i. Teams will play a modified OT period starting with the Offensive Team getting the ball at the (12) yd Line. (Still an option to get a 1st Down) with no Time Clock but still a play clock in play. The Defensive Team can win the game with a Defensive TD with no fouls called. Otherwise, BOTH teams will get an offensive possession. There will be (1) Time Out per OT period that can be used on Offense or Defense
 - ii. The offensive team will have the option of going for a (1) or (2) point conversion after a score or a FG during 1st OT period. If after the 1st OT period it is still tied, then both teams MUST go for a (2) Point conversion starting in the 2nd OT period. (To include spotting ball at 5yd line)
 - iii. A Tie will be deemed in the regular season if still tied after (2) OT periods. This will continue until a winner is deemed during all post-season games.

XVIII. Protests:

- a) Protests on matters of game judgment calls by game officials in charge will not be heard.
- b) All allowable protests unless it is an official game judgement call shall be in writing and shall be submitted to the Executive Board no later than 72 hours after the start of the contest with a non-refundable \$50 fee. All decisions rendered by the protest committee are binding and final. There are no Appeals on game Protests.

XIX. Postseason and Exhibition Games:

- a) Except as provided in these bylaws, there will be no postseason or exhibition games without the consent of the Board of Directors.

XX. Post Season Awards:

- a) The trophies for the winners of each level will be paid out of general CAJFL funds.
- b) The league shall present no individual awards

XXI. CAJFL Coaches and Assistant Coaches Code of Ethics

- a) ALL CAJFL Head Coaches are required to sign an affidavit that they understand and have read the CAJFL Coaches Code of Ethics and subsequent disciplinary consequences.
- b) There shall be NO shouting across the playing field to the opposing coaching staff.
- c) There shall be NO harassment of opposing players at any time, before, during or after the game.

- d) There shall be NO berating of officials at any time before, during or after the games. Only one Coach, the Head Coach or his designated Assistant Coach in Charge may "Discuss" a particular call at a time allotted by the Head Official.
- e) It is the responsibility of the Coaching Staff to attempt at all times, to keep their fans acting in accordance with the purpose of our league. "Acting in a sportsmanlike manner for the benefit of the children."
- f) At NO TIME will the opposing Coaching Staffs engage in a conversation regarding the conduct of the game while in the presence of the children. All complaints MUST be in writing to the Executive Board.
- g) All Head Coaches are responsible for the conduct of their coaching staff; however, if a Head Coach visibly attempts to restrain one of his or her assistants, either physically or verbally without success, then the penalties prescribed for the infraction apply only to that assistant coach. Any coach who is ejected from the game, by the officials (for the reasons below) shall be suspended for the next league game and may be subject to disciplinary action from the Executive Board.
 - a. Included, but not limited to:
 - i. No coach, substitute, trainer, or other team attendant shall act in an unsportsmanlike manner during end of period, intermission, or End of Game.
 - ii. There will be NO use of profanity, insulting or vulgar gestures or language.
 - iii. Attempting to influence a decision by an official
 - iv. Indicating objection to an official decision.
 - v. Holding an unauthorized conference.
 - vi. Failure of a team to be ready to start either half.
 - vii. Being on the field unless there is an injured player.
 - viii. Failures of the Head Coach, following verification, to have his players wear legal and/or required equipment.
 - ix. Using tobacco or smokeless tobacco.
 - x. Being outside the team box, but not on the field (see Article 3) Federation Rules.

XXII. Penalties for infractions of the Code of Ethics:

- a) Infractions of rules may result in; but not limited too
- b) First offense MAY be issuance of a written reprimand from the Executive Board and or any Penalties below (Depending on Severity of Incident)
- c) A second offense may be suspended for up to (2) two games. (Depending on severity)
- d) A third offense will be suspended for the remainder of the playing year including all post-season games and there could also be a complete dismissal from the league as determined by the game officials, Executive Board.
- e) All infractions of the Code of Ethics must be judged by the officials of the games and any member of the Board of Directors that may have been in attendance.
- f) Concession Rule: (ALL LEVELS) When the score is in favor of the winning team by 24 points or more at the START of the second half of PW and JV and (32) Points at the Varsity level, it will be deemed as a final score. At which point BOTH teams WILL place their Substitutes in. **Revised for 2026 Teams that consist of (18) players or less are NOT required to make complete substitutions. Head Coaches are however responsible for making significant efforts to NOT allow (starters) to continue to be the focal point of the contest on Offense/Defense.** All other organizations MUST allow their 2nd (B) teams to be placed in the game. Skill positions of players must be changed. IE: **QB, RB, TE, and WR.** **VIOLATIONS OF THIS RULE WILL REQUIRE A HEARING WITH THE EXECUTIVE BOARD AT THE NEXT REGULARLY SCHEDULED MEETING**
- g) All coaches, in the spirit of sportsmanship, must make every reasonable effort not to embarrass or humiliate young athletes by running up the score. To invoke the protection of this rule, it will be the

responsibility of the losing head coach to call a "Sportsmanship Time Out". The purpose of this time out will be to allow both teams to make the necessary substitutions to achieve the above goal.

- h) In any game where the score difference is equal to or greater than 32 pts after the start of the 3rd Quarter at all CAJFL Levels of play the score will remain at that score and there will be no additional points added to the scoreboard and the official score will be posted as the final.
- i) If a coach is found to violate the spirit of the by-law, the following penalties MAY be enforced,
 - a. But not limited to;
 - i. First offense – (1) Game Suspension
 - ii. Second offense – (2) Game Suspension
 - iii. Third offense – (1) Suspension for offending Head Coach and possible forfeiture of the game.

XXIII. Ethics Committee:

- a) The President prior to the start of the regular season will appoint an Ethics Committee. This committee will consist of an odd number of coaches (various levels) all will vote unless there is an apparent conflict of interest. The President will vote in the case of all ties.
- b) The decision of the Ethics Committee is binding and final. No appeal process is permitted.
- c) ALL CAJFL Coaches must be certified with a certificate from one of the following organizations. USA Football / NYSCA/ NFHS (These certificates must be presented with the teams Rosters at the assigned registration date) CHANGE FOR 2021 Any Coaches found NOT to be complying by the CAJFL – E. Board or BODs will NOT be allowed to coach until such time he/she is deemed to meet this requirement.
- d) ALL COACHES are required to wear their CAJFL associated ID BADGE in plain sight and visible to the Officials at all times while on the SIDELINES. Failure to have this ID will be grounds for an automatic ejection and subsequent suspension. **(IT MUST PHYSICALLY BE WORN)** and be in the Colored Lanyard correlating with the Contest on the Field (NO EXCEPTIONS)

XXIV. Playing Rules:

- a) There WILL BE NO Kickoffs at the PEE WEE level. Winners of the coin toss will elect to receive or defer.
- b) Winners of the coin toss will start the game and 2nd half at the 35 yd Line
- c) Special team rules- No kickoffs and no punting PEE WEE only (Will use 20 yd Punt Option)
- d) At the Junior Varsity & Varsity levels there are NO ONSIDES kicks until the last (4) minutes of the 1st half of play and the last (4) minutes of the Ball Game. Any Kickoff Deemed by the Official to be a (Muffed Kick) or (Intended Onside) will be awarded to the Receiving team where 1st touched by the receiving team.
- e) The National Federation and New Jersey Football Officials Association govern the Cape Atlantic Junior Football League with the following exceptions.
- f) A point after touchdown kick can be a placement or a dropkick.
- g) On PAT's a kick/pass is worth (2) points, and a run is worth (1) point. The ball is spotted on the 2-yard line for all levels.

As of 2024 Teams Can ELECT to "Go for 2" and the White Hat will place the ball at the (5) Yard Line. If successful by EITHER, Run or Pass – This will count as 2 Points.

The use of Guardian Helmet Caps are permitted for use on Game Days

- h) There are no number restrictions at any of the (4) levels of play within the CAJFL. A player can wear any number and report to any position on the field.
- i) Surrender Rule: Refer to Penalties for infractions of the Code of Ethics - Concession Rule

- j) Game Clocks: PEE WEE and JUNIOR VARSITY play 8-minute quarters, and the VARSITY will play 10-minute quarters. The Play Clock will be for 25 seconds at the PEE WEE, JUNIOR VARSITY and Varsity levels. (Subject to new 40 Second Clock implemented in 2019)
- k) Any game at any level, PEE WEE, JUNIOR VARSITY or VARSITY that is conceded by the losing team (for "B" player participation) will result in the "old timing rule". Once the ball is set the clock starts on the ready for play signal after a free kick, a scrimmage kick, a running play, a completed pass, a penalty or after an injury. However, the clock does on timeouts, change of possession, an incomplete pass, penalties, and injuries, running out of bounds or scores. **(See Below Revision adopted in 2026)**
- l) **(Revised in 2026)** Any game at any level PEE WEE, JUNIOR VARSITY game that has a point differential of (24) points or VARSITY that has a (32) point differential after the beginning of the 2nd half or during the 2nd half will result in the score being frozen and reported as such. **High School S.P.I.T timing rules will only go into effect if the losing Coach concedes the contest. If no concession is made then "Regular timing rules will continue" If conceded the clock will stop for scores, penalties, injuries, or timeouts. The clock will start on the ready for play signal.**
- m) 10 minutes will be put on the clock between games 20 minutes for "Home Coming". Homecoming games will be scheduled and told to opposing teams no later than 2 weeks prior to the scheduled contest.
- n) A 10-minute halftime intermission for each game site followed by a 3-minute warm up period for the players. (Cheerleaders, baton twirlers, flag core, ECT. Must be off the field by the 10-minute horn) after the 10-minute horn 3 minutes will be put on the game clock for a warmup period. It is the Coaches responsibility to have his team on the field for the warmup period. Failure to comply will result in an unsportsmanlike penalty against the Head Coach and 15 yards will be assessed on the ensuing kickoff.

XXV. PLAYER REQUIREMENTS:

- a) Casts:
 - a. A player who wishes to participate with a cast on must receive permission from a Physician. A doctor's note must be submitted to the Head Official with approved padding. Head Officials' ruling will be final.
- b) CAJFL TAXI Rules: **CHANGES ADOPTED IN 2025**
 - a. TAXI Games: No rostered PEE WEE player shall be permitted to participate in any TAXI game. If it is determined that a PEE WEE player has played in a TAXI game the PEE WEE head coach will be suspended for (4) games.
 - b. THERE WILL BE NO NOSE TACKLE or any player lined up over the Center Position (NO EXCEPTIONS) LB's must be (5) Yards off the Line of Scrimmage.
 - c. Maximum of (6) Personnel on the Line of Scrimmage (Only 2 of these players can be in a Standing Position (2) Pt Stance, which are the defined (Defensive Ends of your formations) Cornerbacks must be at minimum (5) yards outside of the Defensive End(s). All other interior Defensive Lineman must be in a (3) Point Stance
 - d. No Blitzing or Running Offensive Plays through the (A) Gap: A Gap will be defined as the immediate Offensive Holes directly Over and the immediate Left and Right of the Center Position (Once a play has developed all gaps can be utilized by the Defensive Team) No Interior can be shaded closer than the (B) Gap position.
 - e. Infractions of the above stated rules will be a Foul (Penalty) assessed as an: (Illegal Procedure) for Offense: and an (Encroachment) for Defense
 - f. Special team rules - No kickoffs and no punting (Will use 20 yd Punt Option)
 - g. Winners of the coin toss will start the game and periods at the 35 yd Line.
 - h. 2 referees will be assigned to each game.
 - i. Only 2 coaches per squad allowed on the field.

- j. (2) 25-minute periods w/ a 2-minute Time Out at the 10m mark in the 1st Half for substitutions or to input "B" players (Both Teams are allowed (1) Team TIMEOUT in the 2nd Half CHANGE FOR 2021
- k. 45 Second play clock
- l. Coaches for all TAXI games must go to as close to the sideline as possible after the Offensive team breaks the huddle and must remain there until the end of the play. (No Exceptions)
- m. TAXI coaches are NOT permitted to change this format even with the consent of both coaches. (GAME SITE MANAGERS are to ENFORCE THIS AT ALL TIMES)
- n. No Scoreboard or scores shall be recorded for this level of play.

ARTICLE X - BY-LAW AMENDMENTS

I. Procedure:

- a) Annually a By Law committee will be appointed with the purpose of reviewing and updating said by-laws
- b) All proposed amendments to these bylaws should be given, in writing, to the Executive Board and Board of Directors at least one week prior to the regular meeting at which the proposal will be presented for a first reading. It shall be the function of the Franchise Representative to clarify and explain to the Executive Board and Board of Directors the proposed change to the Body and to be certain that the language of the statement is in proper form. The Executive Board or Board of Directors will not change the intent of the proposal without discussing it so that everyone is clear of their true intent.
- c) A proposed by-law amendment must be read at two consecutive regular meetings prior to being voted on by the Board of Directors. (No Exceptions)

II. Ratification Process:

- a) A vote on the proposed change will be held at the meeting at which the 2nd reading was given
- b) In order to ratify a proposed amendment to these bylaws, a favorable vote of two thirds of the member teams present in good standing is required.
- c) By-law amendment proposals may only be considered during the time period from January to July. This means that there shall be no ratification of by-law change proposals after the regular July meetings.
- d) For Extenuating circumstances, an in-season temporary By-Law amendment will only be accepted by a UNANIMOUS vote of all Franchises. (NO EXCEPTIONS) and can be accomplished in one meeting to help fix the immediate issue. This Temporary Amendment will be required to be reviewed and added to the By-Laws by the By Law committee the following year and voted on by the entire board like all by law changes.

ARTICLE XI - PARLIAMENTARY AUTHORITY:

- a) The League will follow said bylaws and be ruled by no other jurisdiction. Items not specifically covered will be handled on a case-by-case basis.
- b) The President and Board of Directors shall interpret items covered in these bylaws.
- c) The rules contained in the current edition of Robert's Rules of Order Newly Revised shall govern the CAJFL in all cases to which they are applicable and in which they are not inconsistent with these bylaws and any special rules of order the CAJFL may adopt.

ANNEX (A) CAJFL 2022 BY-LAWS

(Franchise Boundaries)

DENNIS TWP: Dennis Township, Woodbine, Maurice River Township, Sea Isle City & Commercial Twp

GALLOWAY: Galloway Township, Egg Harbor City, Port Republic

EGG HARBOR TWP: Egg Harbor Township

LOWER TWP: Lower Township, Cape May, West Cape May, Cape May Point, Shawcrest and Diamond Beach.

MIDDLE TWP: Middle Township, Avalon, and Stone Harbor

NORTHFIELD: City of Northfield

UPPER TWP: Ocean City High School Sending/Receiving District: Upper Township, Sea Isle City, Corbin City & Estell Manor

WILDWOOD: Wildwood, Wildwood Crest, North Wildwood, West Wildwood, and Anglesea

VINELAND: City of Vineland

Players that live in the Shawcrest/Diamond Beach Areas – May choose to play at either Lower Township or Wildwood

NOTES: _____
